

Microwave

Don't think I am clean because you wipe me. I am covered in germs because everyone in this office shares me. And still over 34% of you don't wash your hands before you eat. Lather up when you wash your hands and rinse for 10 seconds in warm running water. Clean your hands.

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Grabbing a snack?

Grabbing a snack? Make sure to wash hands with soap and water or use an alcohol-based sanitizer to clean your hands. Because 80% of common infections are spread by our hands. You don't want to put all those germs in your mouth do you?

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